

SCHOOL SAFETY

Be Alert, Be Ready

- Report suspicious behavior to a trusted adult or use your school's anonymous reporting system
- Know your school's emergency plans for lockdowns, evacuations, and drills
- In a lockdown: stay quiet, turn off lights, silence phones, and follow teacher instructions

Cyber Safety

- Don't share passwords or personal info online
- Report cyberbullying to an adult
- Use strong privacy settings on social media



BUILD A BASIC EMERGENCY KIT

Keep a bag ready with:

- Flashlight + batteries
- Reusable water bottle
- Protein bars or non-perishable snacks
- Extra phone charger or battery pack
- Medications + first aid kit
- Change of clothes
- Important contacts
- Whistle, mask, hand sanitizer

MORE INFORMATION:

Visit <https://knowwhat2do.com/> for more information on emergency preparedness



TEEN EMERGENCY PREPAREDNESS



Prepare Today.
Ready Tomorrow.



BE A PREPAREDNESS LEADER!

- Take a CPR/first aid class
- Help family & neighbors prepare
- Join a Red Cross Youth Club

STAY INFORMED

Apps & Alerts

- Download: FEMA App, Red Cross Emergency App
- Sign up for local alerts from your city or school district
- Follow local news & weather stations (e.g., NBC DFW, FOX 4 Weather)

WEATHER SAFETY

Tornadoes

Know the difference:

- Watch: Conditions are right for tornadoes
- Warning: Tornado spotted take shelter immediately!
- Go to a small, windowless room on the lowest floor (bathroom or closet)

Winter Weather

- Dress in layers and avoid travel if roads are icy
- Keep an emergency kit at home with blankets, water, flashlights, and food

Flash Floods

- Never walk or drive through floodwaters
- Stay on high ground

RESOURCES

Ready.gov/Teens - FEMA's teen-focused page with preparedness tips, and games
<https://www.ready.gov/teens>

PrepareCenter.org - Get ready for the unexpected with the Teen Prep Kit
<https://preparecenter.org/toolkit/teenprepkit/>

American Red Cross - Youth Preparedness - Keep up to date with National Red Cross youth initiatives
<https://www.redcross.org/red-cross-youth.html>

Texas A&M AgriLife Extension ServiceMy: PI (My Preparedness Initiative) - Youth preparedness, leadership and educational outreach program for teens
<https://mypitexas.org/>



Scan for resources